

# How to Make Your Own Smoosh Book

1. You are very hungry. Get a piece of paper and fold it in half, lengthwise, for a

**hot dog fold.**

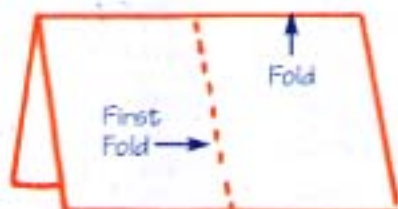
Sharply crease all folds.



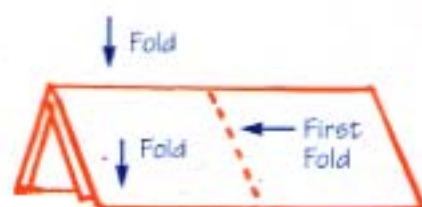
2. Unfold your paper.

Fold

3. You are still hungry, so fold it in half the other way. This is an almost square **hamburger fold.**



4. You are still hungry. Fold your paper one more fold in the same direction for a **burrito fold.**



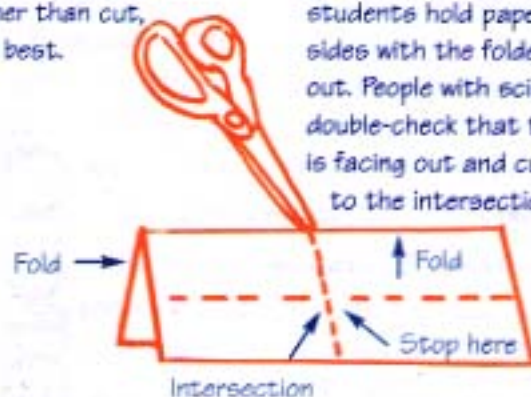
5. You are all filled up! Unfold your paper one time.

6. Notice that you have a folded side and an open side. Double-check that you are at the folded side and cut from the folded side down the crease to the intersection of the folds.

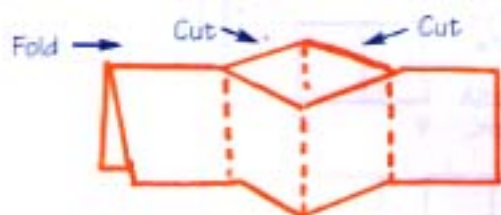


**Note:** At Step 6, you can also carefully tear rather than cut, but cutting works best.

If a whole class is doing it, have students hold papers from both sides with the folded edge facing out. People with scissors can double-check that the folded edge is facing out and cut just down to the intersection of creases.

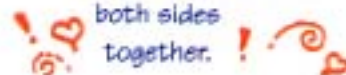


7. Open up your paper and refold it back to the first long hot dog fold. Hold your paper from the sides, not the top. Your paper will look a little like a tent and will have a "mouth" facing the ceiling. That's good because, we are going to whisper...



8. **"1-2-3-SMOOSHI"**

and gently push both sides together.



9. Your paper just wants to be a book. Six pages are already together. Fold the last two around either direction to close your book. Recrease any folds if necessary.

